

# Sensory Evaluation of Flavors

## Perfecting Your Flavor

Developing **the best flavor system** for your product is challenging. Choosing just the right flavor, in just the right amount, to make the most appealing product possible **takes a combination of patience, artistry, and science.**

While everyone's tastes are different, and choosing the "best" flavor can be a largely subjective process, there are **methods to bring some objectivity** to your decision.

At Weber Flavors, we can help your decision-making process by **providing sensory data** when needed: **Discrimination** (Triangle) Testing to determine if a flavor is an acceptable alternative to an existing item; **Paired Preference** and Hedonic Ratings to determine if one flavor is preferred over another; and **Descriptive Analysis** to get to the heart of what makes a flavor the best one for you.

## Tasting Guidelines

When formal sensory testing isn't required, there are still some **general guidelines** to follow when screening flavors, either alone or in a roundtable format.

### Planning Ahead:

- **Establish your desired outcome.** Should the item taste 'exactly' like something else? Close, but not exactly? Should it be preferred over something else? Simply "good" or "excellent"?
- Plan to taste in a **calm, quiet**, climate-controlled environment, free from outside distractions and odors. **Focusing in** on what you're tasting is key to detecting nuances and preferences.
  - Develop a common language. **Have a list of descriptors** that correspond to the flavors you're tasting so that everyone is able to describe flavor notes in a similar way. We all "know what I like," but being able to describe that to others is key.
  - **Refrain** from drinking coffee or other strong beverages, smoking, wearing scented products, or using strong toothpastes or mouthwashes for a suitable time before tasting.



- It is best to **taste a flavor in the product** in which it will be used, and at the appropriate usage level. The base formulation can have a dramatic effect on how a flavor is perceived. If that is not possible, a solution of sweetened water (5% sucrose, 0.1% citric acid if desired) can be used.

### During Tasting:

- When **tasting with others**, take a moment to **make notes** of your own first impressions so that others' opinions and descriptions don't supersede your own. Further, **note the degree** to which a specific flavor note or sensation is experienced (ie, weak, moderate, strong).
- **Assessing the aroma** should be done by either waving just the cap lightly under your nose, or **by dipping a paper blotter** into the flavor and lightly smelling that. NEVER taste a flavor neat (undiluted) or try to smell a flavor directly from the bottle.
- When **tasting multiple samples in one sitting**, observe several general protocols:
  - Decide the **order of tasting** in advance, putting lighter or more subtle flavors (ex: vanilla, strawberry) at the beginning, and saving stronger flavors (ex: coffee, garlic, ginger, mint) for the end of your session.
  - **Drink water** before tasting each sample. Swishing and spitting into a cup is also acceptable.
  - **Cleanse your palate** with a small bite of unsalted soda cracker between samples.
  - When tasting with others, be sure to **give each person time** to note their own impressions before sharing your own.

## If you come, we will build it...

Visit us and experience our new Test Kitchen and Sensory Testing facilities. When time is of the essence, there's no faster way to build a flavor system than to have you come directly to us. **Work one-on-one with our flavorists and applications technologists**, and in just a day or two, we can test and revise a flavor system many times under your guidance.



\*Price targets and estimated annual volumes are required to utilize our R&D resources.